

## EPEC - Being a Parent

**Starting Wednesday 8th January 2025**

**9.30am - 11.30am**

**Venue: Stocksbridge Christian Centre, Cedar  
Road, S36 1AS**

**Duration: 9 weeks**



This course aims to improve child development outcomes, parenting, family resilience and family relationships. The programme creates a trusting group ethos where parents are encouraged and supported. It is run by parent volunteers who have completed the Empowering Parents Empowering Children training and their experiences, backgrounds, skills and qualities make each session inviting and engaging.



**For more information or to book, please contact Sheffield  
Parenting**



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