



family  
action



# ADHD Drop-in Information session

**Come along to our Information session to learn more about how to support your child with ADHD.**

In our information sessions, we discuss the basics of ADHD and provide advice for managing ADHD. Following the session, materials will be provided as well as signposting to other services.

*Please arrive on time for the session and note that children cannot attend.*

 [neurodiverCity.sheffield@family-action.org.uk](mailto:neurodiverCity.sheffield@family-action.org.uk)

 0114 2412733 or 07816 408019

 **NeurodiverCity Sheffield**  
Lowedges Community Centre, Gresley Road,  
Sheffield, S8 7HN

**At Lowedges Community  
Centre:**

**Tuesday 11th March,  
10.00am – 11.30am**

**No diagnosis or  
booking required!**



**family-action.org.uk**