



family  
action



# ADHD Drop-in Information session

Come along to our Information session to learn more about how to support your child with ADHD.

In our information sessions, we discuss the basics of ADHD and provide advice for managing ADHD. Following the session, materials will be provided as well as signposting to other services.

*Please arrive on time for the session and note that children cannot attend.*

 [neurodiverCity.sheffield@family-action.org.uk](mailto:neurodiverCity.sheffield@family-action.org.uk)

 0114 2412733 or 07816 408019

 **NeurodiverCity Sheffield**  
Scotia Works, Leadmill Road, Sheffield, S1 4SE

**At Scotia Works:**

**Friday 10th January,  
10.00am - 11.30am**

**Friday 16th May,  
10.00am - 11.30am**

**No diagnosis or  
booking required!**



**family-action.org.uk**